

An easy read guide to  
**Direct Payments**  
Giving you the choice and control

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# What are Direct Payments?



**Direct Payments** are a way of getting the support you need to do everyday things.

You can get **Direct Payments** instead of a service from your Trust.



You can choose who you want to support you.



You get money so you can pay for the support.

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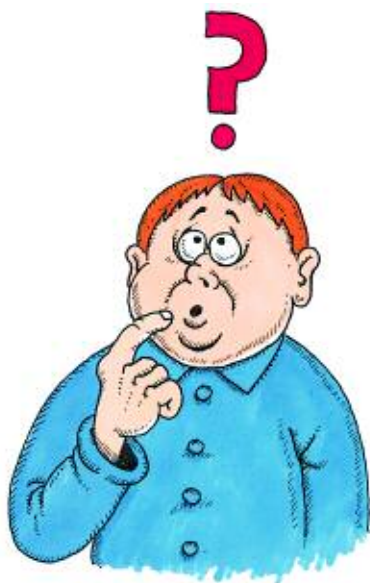
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# Who can get Direct Payments?



You can get **Direct Payments** if:

- you are over 16
- you are already getting a service from your Trust
- or the Trust agrees you need a service.



It is up to you to decide if you want Direct Payments.

You can get help to look after your Direct Payments.

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# What can I use Direct Payments for?

You can use **Direct Payments** to pay for the support you need to:



- live at home



- pass your day.



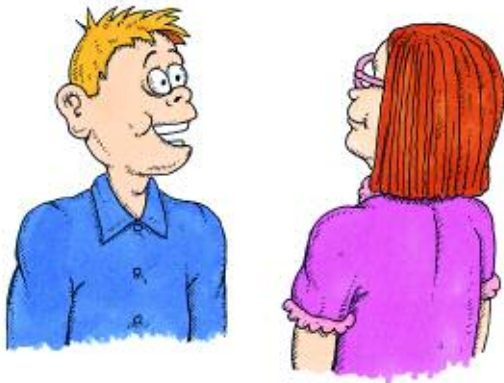
- get out and about

**Direct Payments** will help you do the things that are important to you.

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# How can I get Direct Payments?



Ask your social worker or the person in the Trust who normally helps you.



If you don't already get a service, someone from the Trust will discuss with you what support you need.

He or she will explain how **Direct Payments** work and what you should do next.



You could also ask someone at the Centre for Independent Living for advice.

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# How can Direct Payments help me?



You can be more independent and you can take more responsibility for yourself.



You have control in your life.

You are making your own decisions. You are in charge.

You have more choice. You decide who gives you the support you need.



Most people can manage Direct Payments with the right help.

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# Where do I get more information?



To find out more about Direct Payments ask your social worker or the person in the Trust who normally helps you.

Name: \_\_\_\_\_

 \_\_\_\_\_

You could ask a group in your area to help you, for example,



Centre for Independent Living  
61 Duncairn Gardens  
Belfast  
BT15 2GB



Tel: 028 9087 5001



Web: [www.cilbelfast.org](http://www.cilbelfast.org)

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We would like to thank:

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